

Publication Date: July 2005

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The Stripper's Guide to Looking Great Naked

By Jennifer Axen and Leigh Phillips

"There is no such thing as a shy stripper..." Confidence is the most important component for feeling sexy, and no one knows this better than the women whose jobs it is to look and feel sexy. *The Stripper's Guide to Looking Great Naked* goes straight to the experts, sharing their insider secrets for looking fabulous while baring it all.

With the growing popularity of striptease classes as an exhilarating form of aerobic and muscle-strengthening exercise, women all over the country are discovering an additional benefit of stripping: it's a great confidence-builder that helps you change the way you feel about yourself and your body. After all, none of us—not even strippers—have the perfect body. However, the professionals have learned to emphasize their attributes while camouflaging their weaknesses, teaching us that it *is* possible to feel sexy and look great when you're taking off your clothes, no matter what your body type.

Axen and Phillips interviewed strippers, lingerie specialists and make-up experts in San Francisco, Chicago, Las Vegas, New York, and Los Angeles, polling hundreds of ladies to learn what advice would most appeal to and benefit the average woman. The results are these simple, real-life tips from those in the know: trade secrets, fashion tips, favorite moves and quick fixes covering body blemishes, creating allure, and making the most of what nature gave you. For example, you can...

- Blend your favorite perfume with baby lotion for an all-over sensual scent.
- Zap a zit by icing it, applying Neosporin and dabbing on neutralizing concealer.
- Makes an inexpensive, long-lasting and tasty lip stain from fruit punch Kool-Aid.

In *The Stripper's Guide to Looking Great Naked*, you'll also find tips for hairstyles and lingerie that will flatter your body shape, recommendations for sexy shoes and naughty costumes that will draw attention to the parts you want to flaunt, and ideas for finding your personal stripper style, choosing music and learning a few simple, sexy moves.

Whether your goal is to use this insider information in the bedroom, on the beach, or out on the town, you'll learn how to strut your stuff with confidence and style, no matter what you are wearing or baring. For women of all ages and lifestyles, *The Stripper's Guide to Looking Great Naked* is a celebratory "how to" book for the ordinary woman who wants to feel sexy and confident with what she has: her own beauty.

Jennifer Axen, a writer whose articles have appeared in a variety of publications, including *Allure* and the *Onion*, lives in Los Angeles and is available for interviews.

Leigh Phillips, a writer with a master's degree in Women's Studies, resides in the San Francisco Bay Area and is available for interviews.

\$14.95

paperback

172 pages

0-8118-4647-4

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